

**GIVE US A CALL AND HAVE A CHAT!**

Funded by:

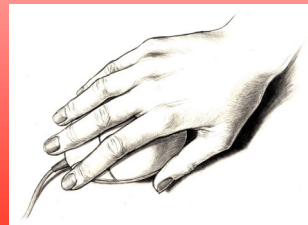


CALL:

**NACYS**  
**(08) 8252 2474**

OR

**Northern Area Community &  
Youth Services Inc**



DROP-IN TO OUR OFFICE  
**OLDFORD STREET**  
**DAVOREN PARK**

**WHERE TO FIND US**

**Oldford Street**  
**Davoren Park, SA 5113**  
**Phone: (08) 8252 2474**  
**Fax: (08) 8287 3434**  
**nacys@nacys.asn.au**  
**<http://www.nacys.asn.au>**

**C.H.A.N.G.E**

***Changing Habits, Attitudes &  
Gaining Education.***

**A cannabis treatment  
program for young people.**



- **FREE**
- **CONFIDENTIAL**
- **FLEXIBLE**

# C.H.A.N.G.E

CHANGE is a cannabis treatment program for young people residing in the Gawler, Salisbury, Playford, Mallala, Light and Barossa Council Regions.

The program aims to:

- Provide therapeutic interventions for young cannabis users.
- Provide educational tools and resources.
- Improve young cannabis users social functioning.
- Focus upon educational re-engagement.

CHANGE is a joint initiative between Northern Area Community & Youth Services (NACYS) and the Commonwealth Department of Health & Ageing.

## WHO CAN USE THE PROGRAM?

Young people aged 13 to 18 years.

- ♦ Must reside in Salisbury, Playford, Gawler, Mallala, Light and Barossa council regions.
- ♦ Currently using cannabis and seeking to reduce or cease use.

OR

- ♦ "At Risk" of using cannabis and seeking to gain information and education.

## REFERRAL PROCESS

Young people can refer themselves, or alternatively, school counselors, teaching staff, peers, family and other workers may make a referral.

Involvement in the CHANGE Program is **voluntary only!** Young people must identify personal commitment to take part in the program.

## PROGRAM OUTLINE:

- Assessment
- Casework/Management
- Therapeutic Interventions
- Educational activities
- Harm minimization principles
- Change Theory
- Motivational Interviewing
- Professional Development
- Anger Management
- Educational re-engagement
- Co morbidity issues
- Legal issues