



LIFE SKILLS PROGRAM TERM 2 2014

Volume 1, Issue 2

April 28th 2014

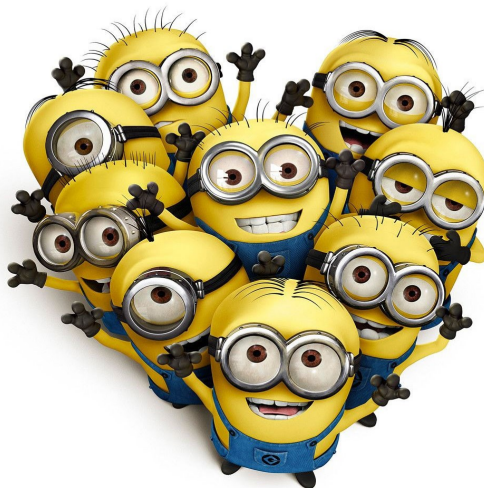
WE'RE READY TO GO FOR TERM 2

And were back for Term 2 of 2014. We hope that everyone had a safe and exciting Easter break and a memorable ANZAC day.

The Life skills program staff have spent a lot of time during the school holidays planning an exciting timetable (see page 3) for this term full of yummy foods, fun activities and special guests. We will have an array of multicultural foods to prepare and indulge in, ranging from Italian, to Indian, and even all the way to France.

The children will get to be involved in expressing their creative side through nu-

merous craft activities, including a little something special for mothers/special persons day. There will be



opportunities for children to join in on some fun

group games and sports, and a special guest from OPAL is coming to visit to encourage children about the wonders of outside play.

We welcome some new children to the group and re-welcome some re-enrolling children.

Renee & Mark (Student Social Workers) will be with us again for the term and have some exciting surprise activities planned.

So lets get started and make this term even better than term 1. Please also pop in and say hi, we like to see new faces!



We have come to that time again when enrolment forms need to be updated. Please **fill in** the attached enrolment form and **return to Life skills Program staff, Toni & Sally, asap.**

These are extremely important for both staff and you so that we have recorded information on contact

details, allergy information and emergency contact information in case there is an emergency or we need to contact you urgently. **Only one child per enrolment form and every section of the form must be filled out.** If the enrolment form is not filled out properly your child will not be

able to attend the Life skills program, if you need help or assistance in filling out the form, please drop in and see us at the Elizabeth Downs Primary School Breakfast Club on Mondays and Wednesdays between 2:00 and 5:00 or contact us on 0422 640 022, or talk to Kristy at the NACYS Base.

Special Dates

Pupil Free Day	28/4
First Day back	30/4
Mothers Day	11/5
Queens Birthday	9/6
Last day Kids Club	2/7

Remember:

- To inform staff if your child has any medical conditions and provide staff with a treatment plan from your GP
- Ensure your contact details and emergency contact details are up-to-date on your child's enrolment form
- Continued attendance is important for your child to benefit from the program
- Do not bring toys or loved items from home into Kids Club
- Pop in and say hi to staff. We are always happy to see new faces and have a chat.

TERM 1 SCHOOL HOLIDAY PROGRAM

What a fantastic day!

On April 22nd, the life skills program held the Term 1 school holiday program. Five out of the ten children that returned their bike forms attended the program, along with a number of families from the Playford community.

We started off the day by making healthy and delicious smoothies on the smoothie bike (banana, strawberry, Kiwi fruit), kindly provided by Opal, and enjoyed a yummy lunch of fresh sandwiches and fruit. Then it was time to jump on the bikes and get riding with "Ride a bike right". The children engaged in activities such as obstacle courses, games and a ride around the school. The ride a bike teachers taught the children all about bike safety, wearing an appropriately fitting helmet and looking after

"Nothing compares to the simple pleasure of riding a bike".— John. F. Kennedy

your bike.

Everyone had a great time and made some new friends.

We would like to thank Ride a bike right for hosting the program, Anglicare for organizing the event and Opal for providing us with the use of the smoothie bike for the day.

We hope that your child learnt some useful skills and information at the program and that they can utilize these in their everyday life when riding their bike.

NACYS is also hoping that we can team up with Anglicare and offer some more activities for children and families within the upcoming school holidays and weeks to come. Letters and information will be provided to you when events and activities are organised.

Well done everyone!



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ANGLICARE
HOPE IS HERE. SA.



Children **must arrive** at the Life skills program by **3:10pm** for **starting at 3:15pm**. If children have other commitments in which they must undertake and which causes them to be late to the Life skills program, staff need to be informed prior asap please. If children

STARTING/FINISHING TIME

arrive later than 3:10pm without parent or child informing us of why your child will not be able to attend Kids Club that day; this delays the starting of our program. If children are attending after school sports or are absent or suspended from school they will not be able to attend the Life skills program on that day. Children not attending the Life skills program are not to hang around in the school grounds after 3:30pm. Children must be collect-

ed from the Life skills program by **4:30pm**. If you are going to be running late to collect your child please ensure your emergency contact person is able to pick them up for you – you can contact us on **0422 640 022** to inform us of this. Children that walk home by themselves must have written permission, which is located on the enrolment form. If late pick up of your child becomes a regular occurrence, your child may not be able to attend Kids Club.

HEALTHY FOOD POLICY

The Life skills program will serve **healthy nutritionally balanced snacks** to the children when they arrive to the Life skills program. This snack will include a variety of fruits, savoury foods and water. NACYS abides by the current National Food Handling and Safety Standards. Children are asked to **refrain from eating lunch box foods**



while in the Life skills program. Families are required to **inform staff of any special dietary needs or any allergies**, and provide Life skills with a treatment plan if necessary. The foods that children cook during cooking sessions in the Life skills program will also be healthy and nutritious. Please **inform staff if children have any religious beliefs regarding foods**.



LIFE SKILLS PROGRAM PLAN

TERM 2 2014



Week	Monday	Wednesday
1	28th April <i>Pupil Free Day</i>	30th April <i>Group games</i>
2	5th May <i>Mother's/Special persons Day Craft</i>	7th May <i>.....Continued</i>
3	12th May <i>Cooking (Italian)</i>	14th May <i>Cooking (Italian)</i>
4	19th May Craft—Big Hands	21st May All about Friends
5	26th May Sports/Games	28th May Surprise activity
6	2nd June <i>Cooking (Indian)</i>	4th June Money budgeting
7	9th June <i>Queens Birthday (No Kids Club)</i>	11th June Skin and ears
8	16th June Surprise activity	18th June Safety
9	23rd June <i>Cooking (French)</i>	25th June Guest Speaker
10	30th June <i>Games Day</i>	2nd July <i>End of term Fun!</i> <i>(Last day of Kids Club for the</i>

NACYS

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Founded in 1981, NACYS has grown beyond its humble origins to become a regionally focused, recognised model of excellence in community services. We pride ourselves on the opportunities we provide for individuals & communities to learn, grow and move towards self empowered independence.

NACYS has three departments; Early Childhood Development; Early Intervention; Community Capacity Building. A multi-modal, cross departmental approach is utilised to service the needs of a client group that faces complex, intergenerational disadvantage. Collaboration with a range of organisations occurs as a means of value adding to an under resourced area.

Our reason for being and our approach to issues has given rise to a range of unique and innovative projects.

If you would like more information about NACYS or its services call the Office on 82 522 474 between 9am & 5pm, Monday to Friday.

BEHAVIOUR PROCESS AT THE LIFE SKILLS PROGRAM

Here in THE Life skills program we want to ensure that everyone takes some benefit from the program, are safe and has a good time; therefore we have a strict behaviour process that occurs as follows when children are disruptive or do not follow the rules of the Life skills program:

1. Verbal warning
2. 3 strikes/time outs (per day)
3. Suspended for a week (3x suspensions per term concludes in an exclusion)
4. Excluded from the program (children do not return to Kids Club)



We are also a group that has taken a stand against bullying and racism. Therefore, in the Life skills program we follow the guidelines of the **Bullying & Harassment free** policies and guidelines.